

Inside Emmy



Emmy Monash
Aged Care

SEPTEMBER 2023

SHANA TOVA

The Emmy family wishes you a sweet and peaceful new year.



ROSH HASHANA FESTIVITIES

The lead-up to Rosh Hashana has been jam-packed with festive activities. Brett Kaye and Gandel Besen House kindergarten students brightened everyone's day with a sweet performance of Rosh Hashana songs, Rabbi Rabin shared an interesting Rosh Hashana themed talk and we enjoyed a challah baking session with King David School kindergarten students!



LUNCH WITH THE CEO

A new initiative will see Tanya Abramzon sitting down to lunch with residents in their dining rooms. This is a chance for Tanya to chat and gather feedback from residents, while enjoying Emmy's varied meals. Tanya will be lunching on different floor over the coming months to visit as many residents as possible.

CEO'S MESSAGE

Rosh Hashana is special to so many of us and I am delighted to witness some of the joyful festivities that have filled Emmy with connections and song in recent weeks.

The strength of our community partners and schools is very evident at this time of year, with Mount Scopus, King David School and community shules all a vital part of our celebrations.

I really enjoyed my lunch with the residents on Level 3 earlier this month, and am looking forward to sharing a meal with many other residents, gathering your invaluable feedback along the way.

The Balaboosta Kitchen Garden program has reaped abundant rewards since its inception, and to see the produce be used in our kitchen is wonderful!

I hope you will all support our dementia initiative, Emmy Walks For Dementia on 21 Sept. Our staff are walking laps around the block to raise funds for our dementia program. Your contribution will make a profound impact on the lives of our residents living with dementia. Click here to donate.

Last week I joined other managers in wishing residents Shana Tova and delivering honey cakes to them all. As always, it was lovely to see their smiles as they look forward to the High Holy days.

Wishing you all a sweet and joyful Rosh Hashana, and before long we will be preparing the succahs and be basking in spring sunshine!

**Tanya
Abramzon,
Chief Executive
Officer**



Stay connected with Emmy

emmymonash.asn.au



STAFF



RUOK DAY

“Are you ok?” It’s a simple question yet one that can change a person’s life. In honour of R U OK Day this year we produced a special video to spread awareness and to share the diversity of our amazing Emmy team.

To watch this video please scan the QR code or [click here](#).



SUPPORT THE EMMY TEAM



EMMY WALKS FOR DEMENTIA

On Thursday 21 September the Emmy Monash team will take part in Emmy Walks for Dementia. We plan to walk 100 laps of the neighbourhood block surrounding the facility and raise \$10,000 for Emmy’s dementia program.

Your donation will not only provide benefits to current and future residents at Emmy living with dementia, but it will also support our staff-led initiative and staff training and development program.

Scan code to donate.



WE ARE ALWAYS LISTENING

We value your feedback. If you have something to share about your experience at Emmy, please tell us.

Scan the code to provide feedback.



RESIDENTS



KITCHEN GARDEN SUCCESS

As part of the Balaboosta Kitchen Garden program, residents together with CCW team members, harvested our vegetables and shared the fresh produce with our catering team to be utilised in upcoming meals! We harvested carrots, beetroot, kale, and parsley.

VOLUNTEERS



IT’S A FAMILY AFFAIR

We are delighted to now have three members of the Civins family volunteering at Emmy. A big thank you to Marian, Marcie, and Zvi, for sharing your skills and compassion, we very much appreciate your support!

REFERENDUM VOTING AT EMMY

Residents will have their chance to cast a vote in the upcoming Referendum. Mobile voting will be at Emmy on Monday 9th and Tuesday 10th October. The Culture Community & Wellbeing team plus volunteers will assist residents to the polling station in Gandel House.



PRIVATE DINING

Private dining is back on the table at Emmy, contact Yana Fetisova to book your next family meal, yana@emmymonash.asn.au

UPCOMING EVENTS

SEPTEMBER

Monday 18th – Monday 25th
National Eye Health Week

Wednesday 20th
World Alzheimer’s Day
Resident and Families
Engagement Meeting

Thursday 21st
Emmy Walks for Dementia

Monday 25th
Yom Kippur

Wednesday 27th
Melbourne Recital Centre –
Stiletto Sisters

OCTOBER

Sunday 1st – Friday 6th
Succot

Monday 9th – Tuesday 10th
Referendum Voting at Emmy

Friday 6th
St Kilda Shule Pop Up
Kabbalat Shabbat



REMEMBERING LOVED ONES

We would like to wish a long life to those Emmy families who recently lost a loved one. We miss these residents and remember them fondly:

Irena Lustig z”l
Sarah Treisman z”l
Mikhael Khortik z”l