

Inside Emmy



Emmy Monash
Aged Care

OCTOBER 2023



CEO'S MESSAGE

With the new Jewish year upon us, it is the perfect time to reflect on ourselves and renew our vision for peace, happiness and meaning in our lives.

Over the high holy days, I saw nothing but warmth and love as residents enjoyed this time with their nearest and dearest. I am very proud of the Emmy team who, along with our community partners, put great effort into enriching residents' lives and continue to make Emmy a place filled with love, warmth, and inspiration.

I thank the Culture, Community and Wellbeing team for their work in decorating and arranging such an active and engaging program for the high holy days, the succahs looked amazing!

This newsletter marks the passing of a much loved stalwart of Emmy, Josef Rewinson z"l. Josef called Emmy his home for more than 15 years, and is remembered for his passion for celebrating Jewish culture and gardening. May his memory be a blessing.

Thank you to all those who supported our inaugural Emmy Walks event, it was a wonderful success! Rochelle Daboush and the Marketing team did a stellar job managing the event and we are look forward to doing it again next year.

It is wonderful to see Stephanie Klein, like so many of our selfless volunteers, choosing to give back to the Emmy community. We are grateful for her kindness.

I wish you all
good health
and happiness.

**Tanya
Abramzon,
Chief Executive
Officer**



EMMY WALKED FOR DEMENTIA

We came, we walked and we raised \$3,000! Thanks to our generous community and the active Emmy team, Emmy Walks was a huge success. The brainchild of our Marketing Team, this was the inaugural event designed to raise awareness and funds to expand Emmy's dementia program. We had great support from visitors on the day and staff from every team took 10 minutes to walk a lap for dementia. Thank you to everyone who made this event happen, and supported us.



STELLAR STILETTO SISTERS!

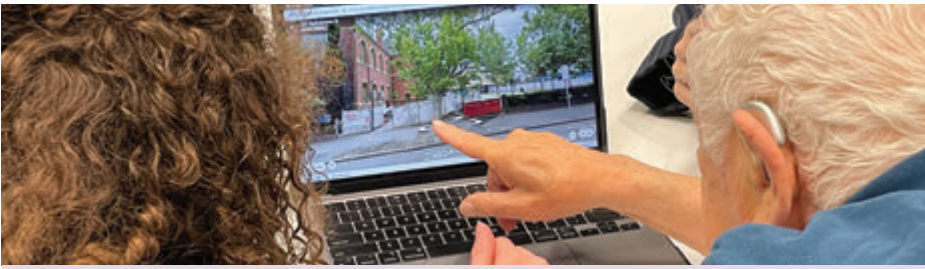
As part of the Melbourne Recital Centre's Music Always program, the Stiletto Sisters returned to Emmy for yet another fantastic performance. With their energetic vibe and blend of Hungarian, Jewish and global love songs, these women really know how to connect with our residents. Superb musical talent combined with humour and fun — just another live concert at Emmy!

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RESIDENTS



BRIDGING THE GAP WITH TECHNOLOGY

Jaws dropped and eyebrows raised, as students from Mount Scopus College introduced residents to all kinds of technology. They revisited childhood homes on Google Maps street view, looked up ancestors on Wikipedia and wrote poems on ChatGPT for far away loved ones. It was a session to remember — bridging generations with knowledge and respect.



REMEMBERING JOSEF

Emmy Monash extends heartfelt condolences to the family of Josef Rewinson z”l. Josef was a resident at Emmy Monash for over 15 years, and an important and much-loved member of the Emmy family.

He loved to dress up for Purim and took great pride in decorating the succah. Josef led prayer services, expertly cared for many fruit trees around the facility and was a proud supporter of Israel. We will miss him dearly. May his memory be a blessing.

STAFF



DEMENTIA TRAINING

A cross section of Emmy staff came together recently for valuable training on dementia. The three-hour interactive session was facilitated by Dementia Australia and gave staff an insight into supporting those living with dementia. Further staff and volunteer training will now be possible thanks to funds raised from our Emmy Walks For Dementia event last month — thank you for your support.

BREAST CANCER AWARENESS MONTH



October is Breast Cancer Awareness Month, be proactive and check for early detection. Wear pink in October to raise awareness!

WE ARE ALWAYS LISTENING

We value your feedback. If you have something to share about your experience at Emmy, please tell us.

Scan the code to provide feedback.



VOLUNTEERS



SPOTLIGHT ON STEPH

Whether she is chatting to residents, guiding a rabbi through the facility for Succot, or running a program, Stephanie Klein is always smiling. She has a wonderful can-do attitude, warm rapport with residents and is a great support for the Emmy team. “I do it because I love it. I like being able to give back.” Thank you Stephanie, you are a gem!

UPCOMING EVENTS

OCTOBER

Breast Cancer Awareness Month

Tuesday 10th

World Mental Health Day

Saturday 14th

The Voice to Parliament Referendum

Wednesday 18th

Food Focus Meeting

Wednesday 25th

Resident and Family Engagement Meeting



REMEMBERING LOVED ONES

We would like to wish a long life to those Emmy families who recently lost a loved one. We miss these residents and remember them fondly:

Marie Hirsh z”l

Josef Rewinson z”l